

Almond Meal Pancakes

Ingredients:

1 cup almond meal
2 eggs
1/4 cup water (for puffier pancakes, you can use sparkling water)
2 Tbsp virgin organic coconut oil
1/4 teaspoon salt
1/4 teaspoon vanilla
1/4 teaspoon cinnamon
1 Tbsp Honey

Preparation:

Mix ingredients together and cook as you would other pancakes. Be careful though - they won't "bubble" on top the same way as regular pancakes. Flip them when the underside is brown.

(I make mine with a heaping Tbsp of batter for each cake, and usually get 6 cakes from one cup of meal.)